

FREE EVENT

On your Bike!

Explore and learn about our beaches while enjoying a fun morning riding the Oceanway. We'll stop along the way to look at individual beaches to discover what makes them special

Northern Bike Ride, The Spit to Surfers Paradise

28th July from 9am (please arrive by 8:30 for safety checks)
Meeting Point is the Seaway Café.

8km from The Spit to Surfers. The ride is flat and very easy. Half of it on gravel, half on concrete but with the occasional patch of sand. Duration is 3 hours because of the educational stops with a free BBQ afterwards.

Southern Bike Ride, Point Danger to Bilinga

29th September from 9am (please arrive by 8:30 for safety checks)
Meeting point is the Point Danger Car park.

It is only about 6km each way. It's mostly flat but with a steep downhill about 50ft vertical from Point Danger at the start. Duration is 3 hours because of the educational stops with a free BBQ afterwards.

Things to consider:

- *Best suited for children over 10 years of age (unless fully supervised by parent or your child is in a bike seat)*
- *If you haven't ridden for a while please come early so we can check your bike out and go over safety procedures.*
- *Please remember your helmet, closed shoes and sun safety equipment*

OTHER EVENTS

August

- | | |
|-------------------|---|
| 11 August 9-11am | Palm Beach - "Get to know your Beaches" |
| 18 August 9-11am | Paradise Point - "Get to know your Beaches" |
| 23 August 7-9pm | Mermaid Beach SLSC - "Life in the Beach and beyond – marine ecology" |
| 25 August 8am-5pm | "Life up the Coast - Coastcare groups and activities on the Sunshine Coast" |

September

- | | |
|-----------------|---|
| 14-23 September | Swell Sculpture Festival - Currumbin |
| 17-20 September | QLD Coastal Conference (Bundaberg) |
| 29 September | Southern Bike Ride - OceanWay Point Danger to Bilinga |

Places are limited so please RSVP

Please contact

Sarah Castle at SEQ Catchments on

scastle@seqcatchment.s.com.au Phone: 0400 910 679

Sally Kirkpatrick at Griffith Centre for Coastal Management

s.kirkpatrick@griffith.edu.au Phone: 5552 8393